



Recycling & Composting 101

Quick Overview:

RECYCLABLES—Empty Bottles & Cans, Paper & Cardboard. **NO Plastic Bags**

COMPOSTABLES—ALL HOOCR Food vendor packaging (plates, cups, napkins, utensils), Food waste

TRASH (landfill)— Everything else



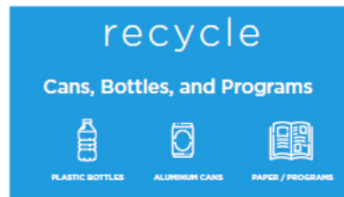
All of the HOOCR food vendors are required to use compostable service ware.

No need to scrape or separate food waste from the plates and utensils. And yes, even those forks! They are made from plants (cornstarch or bamboo) and are fully compostable in our collections. Cups, too!

If someone has food packaging or a cup from an outside source - it should go in the trash.

Compostables will be collected by Black Earth Compost.

Compost will be collected in labeled cardboard boxes lined with light green bags.



Empty bottles & cans, paper & cardboard.

NO plastic bags.

Bottles and cans must be **EMPTY**, caps stay ON.

The only cups that can be recycled are **CLEAR** plastic cups. Lids and straws are trash items. All other cups not bought at the Regatta would be a trash item. (Cups from HOOCR vendors are compostable)

There will be no single-use plastic bottles for sale at the Regatta, but they are still recyclable and should go in the recycling containers.

Questions about what's recyclable? Visit RecycleSmartMA.org

Recyclable items will be collected in clear plastic bags hooked to a metal frame




Any food packaging that was not bought at the Regatta.

Coffee cups from outside vendors (please see note ← about CLEAR plastic cups)


When in doubt, throw it out.

Trash will be collected in cardboard boxes lined with black plastic bags.



 Waste Sorting Stations can be found in the following areas:

- Lot #4 (Boat trailer parking lot)
- Attager Row (Rowing & Fitness EXPO)
- Hospitality Row
- Cambridge Boat Club parking lot
- Weld Exhibition

 Water refill stations will be found at FALS (Lot 4 & Attager Row), CBC, SADL, and Weld Exhibition. Don't forget your reusable water bottle!



CUPS—These deserve their own section.



Single-use, disposable cups that are not bought on-site are TRASH. This includes coffee cups, soda cups, styrofoam cups, and colored plastic cups. The coffee cups that look like paper are lined with plastic, so they are not recyclable.

The ONLY cup bought offsite that is recyclable is a CLEAR plastic cup - but put straw and lid in TRASH.

Cups bought from a HOCR food vendor are COMPOSTABLE

We will also be collecting plastic bags and film from vendor set up.



We will have a volunteer team from Obaggo set up in the Volunteer Tent. They will collect the plastic bags from the Volunteer jackets, along with plastic film from the vendors generated during set up. Be sure to check out Obaggo in the Volunteer Tent on Saturday and Sunday!



Your Volunteer lunch is COMPOSTABLE!

The Hospitality Committee worked with our caterer to have a compostable lunch! The food will be packaged in a compostable container and wrapper. The container, wrapper, and any leftover food is compostable. However, please note, the condiment packages and wetnaps will be a trash item. And don't forget to RECYCLE your beverage bottle.

We appreciate your efforts to help the Head Of The Charles Regatta be more sustainable. We look forward to growing our efforts in years to come.

